

Biotin is an important B-vitamin that helps in providing dietary support for healthy hair and nails, and also helps in energy production. Biotin is an important component of enzymes in the body and helps to break down certain substances like fats, carbohydrates, and others.† Certain research publications indicate that Biotin may help support the following:

- Supports healthy hair, scalp, skin & nails.†
- Supports cellular energy production.†
- Supports amino acid metabolism.†
- Supports immune health.†
- Supports carbohydrate, protein & fat metabolism.†

SUGGESTED USE: As a dietary supplement, take one (1) capsule one to two times daily, preferably with meals. For maximum utilization, use this product with Best Naturals B-Vitamins.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE IN USA



Best Naturals®

Biotin

Premium Formula

10,000 mcg

Maximum Strength

3rd Party Lab Tested

200 CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 200

	Amount Per Serving	%Daily Value
Biotin	10,000 mcg (10 mg)	33,333%
Calcium (As Dicalcium Phosphate)	66 mg	5%

Other Ingredients: Microcrystalline Cellulose, Capsule (bovine gelatin), Magnesium Stearate (vegetable source), Silicon Dioxide.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals,
PO Box 394, Kenilworth NJ 07033 USA
www.shopbestnaturals.com

For additional information call 1-877-659-6004

Lot#

Exp#

