

Easy Open Cap

Systane® I-Caps®

CHEWABLE
EYE VITAMIN & MINERAL SUPPLEMENT

AREDS2

AGE-RELATED EYE DISEASE STUDY 2

Contains Ingredients Clinically Shown To Support Eye Health in People with Age-Related Macular Degeneration (AMD)†

2 CHEWABLES Per Day

Berry Flavor

60 CHEWABLE TABLETS

Alcon

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SYSTANE® ICAPS®
Eye Vitamin & Mineral Supplement
AREDS 2 Eye Health Formula†

Suggested Adult Intake: 2 chewable tablets per day with a meal, or as directed by your physician.

Supplement Facts

Serving Size: 2 Chewable Tablets
Servings Per Container: 30

	Per Day Amount	% DV*
Calories	20	1%
Calories from Fat	5	
Total Carbohydrates	4 g	1%
Sugars	2 g	
Vitamin C (as Ascorbic acid and Sodium ascorbate)	500 mg	840%
Vitamin E (d-alpha tocopheryl acetate)	400 IU	1340%
Zinc (as Zinc oxide)	25 mg	170%
Copper (as Copper citrate)	2 mg	100%
Lutein (<i>Tagetes erecta</i> , flower)	10 mg	**
Zeaxanthin (<i>Tagetes erecta</i> , flower)	2 mg	**

*Percent daily values (DV) are based on a diet of 2000 calories/day
**Daily Value not established

Other ingredients: Dextrose, d-Mannitol, Bilberry Fruit Extract, Natural Flavor Enhancer, Stearic Acid (vegetable), Strawberry Flavor, Raspberry Flavor, Citric Acid, Blueberry Flavor, Calcium Silicate, Silicon Dioxide, Sucralose, Maltodextrin, Gum Acacia, Vegetable Juice.
Contains: Milk, Fish (cod, pollack, haddock, hake, cusk, redfish, sole, flounder).

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Warnings:
Do not use if safety seal under cap is broken or missing.
Do not use this product if you are allergic to milk or fish.
If you are taking prescription medications or are being treated for a medical condition, you should consult your healthcare professional before taking this (or any) dietary supplement.

Keep out of reach of children.
Store container at room temperature with the lid tightly closed.
No added beta-carotene⁹. Includes Lutein and Zeaxanthin.

Questions or Comments? Call Us.
1 (800) 757-9195
alcon.medinfo@alcon.com

Contains ingredients used in the Age-Related Eye Disease Study 2 (AREDS2) conducted by the National Eye Institute to support eye health in people with Age-Related Macular Degeneration (AMD). AREDS2 is a registered trademark of the United States Department of Health and Human Services (HHS).
§ May contain trace amounts from natural sources.

Distributed by:
Alcon Laboratories, Inc.
6201 South Freeway
Fort Worth, Texas 76134
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Actual Size

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Nutrient	Ingredient Levels Tested in the Age-Related Eye Disease Study 2	SYSTANE® ICAPS® AREDS2 Tablet Amount Per Day
Vitamin C	500 mg	✓
Vitamin E	400 IU	✓
Zinc*	25 mg*	✓
Copper	2 mg	✓
Lutein	10 mg	✓
Zeaxanthin	2 mg	✓

*The AREDS2 clinical study tested 80 mg and 25 mg of Zinc. Results revealed a formulation containing 25 mg Zinc provided the same protective effect against developing advanced AMD¹.
Higher levels of Zinc may cause an upset stomach¹.
SYSTANE® ICAPS® AREDS2 Formula contains only 25 mg of Zinc to minimize negative side effects without impacting performance.

¹ National Institutes of Health: Zinc Fact Sheet for Health Professionals (2018)

