

Glutamine, one of the most abundant amino acids found in skeletal muscles, serves as fuel for the immune system, provides an anti-catabolic effect and is involved in protein synthesis.* Prolonged high-intensity exercise has shown to decrease glutamine levels, which may result in glutamine deficiency. Supplementing with Pro Performance® L-Glutamine Powder may help in maintaining glutamine stores. Each serving supplies 5 grams of L-Glutamine powder and blends easily with any beverage or sports drink.

For More Information: 1-888-462-2548
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
Made in USA

SHOP NOW @ GNC.COM

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC PRO PERFORMANCE®

L-GLUTAMINE POWDER

DIETARY SUPPLEMENT



**SUPPORTS MUSCLE FUNCTION
DURING & AFTER EXERCISE***

5 GRAMS OF L-GLUTAMINE PER SERVING

FREE-FORM AMINO ACID

NET WT 2 LB (32 OZ) 909 G

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CODE 350561

AHG

DIRECTIONS: As a dietary supplement, take one heaping teaspoon (5g) post exercise in 8 fl. oz. of water or fruit juice and another 5g serving two hours later.

Supplement Facts

Serving Size One Heaping Teaspoon (5g)

Servings Per Container 181

Amount Per Serving

L-Glutamine

5 g*

* Daily Value not established.

OTHER INGREDIENTS: None.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

Place UPC
Here

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