

# Similac® Breastfeeding Supplement

Nutrients for Mom and Baby

- Nutrients for mom to support breast milk quality.\*

\* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

## Ingredients

### Softgel Unflavored:

DHA (Docosahexaenoic acid, from fish oil concentrate [Anchovy, Sardine, Jack Mackerel, Tuna]), Lutein (from Marigold Flower [Tagetes Erecta]), Gelatin, Glycerine, White Beeswax, Safflower Oil, Water, Soy Lecithin, and Annatto Extract.

**Allergens:** Contains soy ingredients. Manufactured in a facility that processes egg, fish, milk, peanut, shellfish, tree nut and wheat ingredients.



	1 Softgel	
	Value	%RDI / %DV*
Calories	5	
Calories from Fat	5	
Total Fat, g	0.5	Not established
Vitamin E (as d-Alpha Tocopherol), IU	30	100
DHA (Docosahexaenoic Acid, from Fish Oil Concentrate [Anchovy, Sardine, Jack Mackerel, Tuna]), mg	200	Not established
Lutein (from Marigold Flower [Tagetes erecta]), mg	6	Not established

### Per 1 Softgel

\*%DV for pregnant/lactating women.

## Preparation

### Directions

- In addition to your prenatal vitamin or multivitamin, take one softgel daily during lactation.
- Eating a healthy diet along with your supplements is important for both you and your baby. Always inform your doctor about the use of dietary supplements.
- Do not use this product if safety seal underneath bottle cap is torn or missing.

## Storage & Handling

### Storage:

- Store with cap secured at room temperature. Avoid extreme temperatures.
- Do not use this product if safety seal underneath bottle cap is torn or missing.
- KEEP OUT OF REACH OF CHILDREN.

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)