

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	35	
Total Fat	3 g	4% *
Total Carbohydrate	<1 g	<1% *
Protein	<1 g	
Vitamin C (As Ascorbyl Palmitate)	10 mg	11%
Total Omega-3s (as Triglycerides)	1.9 g	**
EPA (Eicosapentaenoic Acid)	860 mg	**
DHA (Docosahexaenoic Acid)	780 mg	**
Omega-3s (additional)	260 mg	**
Berberine Hydrochloride Hydrate	1 g	**
Bergamot Orange Extract (<i>Citrus bergamia</i> Risso)	500 mg	**
(Fruit)(Bergamonte®) (38% Bergamot Polyphenolic Fraction* comprised of Neohesperidin, Naringin, Neoclericitrin, Brutieridin, and Melitidin)		
Alpha Lipoic Acid	200 mg	**
DPA (Docosapentaenoic Acid)	100 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

SUGGESTED USE:

1 packet per day or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, corn, yeast, artificial colors and flavors. Do not consume this product if you are pregnant or nursing. Consult your physician for further information. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if outer-seal is missing or damaged or inner packets are torn, punctured or unsealed.

Other Ingredients: Fish Oil (Anchovy) (Highly Refined and Concentrated Omega-3), Gelatin, Microcrystalline Cellulose, Hypromellose (Natural Vegetable Capsules), Glycerin, Magnesium Stearate, Water (Purified), Natural Flavors, Silicon Dioxide, Stearic Acid, Natural Tocopherols, Rosemary Extract (Leaf) and Sunflower Oil.

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LEARN MORE ABOUT US AT
OrthoMolecularProducts.com

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of HP Ingredients Corp.



BERGAMONTE



SPOT PLATE

Professional Strength:
Not for sale through Amazon.com



A trio of scientifically validated
formulas for metabolic control†

TRUGLYCERIDE

Purified, high-concentration
fish oil in the triglyceride form
for superior absorption

† These statements have not been evaluated by
the Food and Drug Administration. This product
is not intended to diagnose, treat, cure, or
prevent any disease.

Product #352030
Label ID L-OMP100-352030-B



BERGAMONTE

A powerful and unique
array of cardioprotective
polyphenolic flavonoids†

SPOT PLATE

Cardio
MET Pack



Cardio MET Pack
provides a complete protocol
with three well-researched formulas for
cardiovascular and metabolic health†

A complete metabolic
protocol in convenient,
easy-to-take packets †

30 Packets
Dietary Supplement



CM Core®

Maintains blood sugar levels already
within the normal range†



Blood Sugar Balance†

Berberine and alpha lipoic acid provide dual-action support
for cardiovascular health†



ORTHOMEGA®

High-concentration fish oil in
the triglyceride form



Inflammatory Balance†

EPA, DHA and DPA help maintain normal inflammatory balance†



Bergamot BPF

Broad-spectrum cardiovascular support†



Cholesterol Support†

Cardioprotective polyphenolic flavonoids help maintain
healthy cholesterol levels already within the normal range†

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