

Hormone Balance[†] | BioCell Collagen[®] | Bone & Joint Support[†] Mood & Stress Support[†] | Complexion, Hair & Nail Support[†]

Dietary Supplement | 30 Packs

Supplement Facts

Serving Size 1 Pack	S	Servings Per Container 30	
Amount Per Pack			%DV
Vitamin D (as cholecal	ciferol)	25mcg (1000IU)	125%
Vitamin K (as phytonac	dione, menaquinone)	120mcg	100%
Folate	late 400mcg DFE (240mcg folic acid)		100%
Biotin		300mcg	1000%
Calcium		30mg	2%
Chromium (as chromium chloride)		200mcg	571%
Sodium		15mg	<1%
U D-1	ct		
Hormone Balance Support Calcium-D-Glucarate		250mg	*
Diindolylmethane (DIM)		100mg	×
Complexion & Joint Health Support BioCell Collagen® (Hydrolyzed Sternal Cartilage Extract) (provides Hydrolyzed Collagen type II, Chondroitin Sulfate, Hyaluronic Acid)		rtilage 1000mg	,
Calm, Mood & Stre	ss Support		
Ashwagandha Extra	ct (leaf and/or root)	300mg	*
L-Theanine		100mg	*
Gotu Kola Herb Powder		100mg	,
Eleutherococcus senticosus Root Powde		r 100mg	*
Bioavailability & Absorption Panax notoginseng Extract (root), Astragalus membranaceous Extract (root) (as Astragin™) 25m			,
Black Pepper Extract (fruit) (as Bioperine®		9 ⁸) 5mg	*
Ginger Root Powder		250mg	,

** Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin (bovine), dicalcium phosphate, magnesium stearate. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.