

Doctor's Best Magnesium provides an easy-to-swallow, daily dose of high absorption magnesium without the gastrointestinal distress.*

This superior formula with 100% chelated lysinate glycinate absorbs effectively to support muscle relaxation and optimum nerve function.*

- **Supports muscle relaxation and restful sleep***
- **Essential in 300 enzyme systems that support biochemical functions***
- **Up to 6x better absorbed than other forms of magnesium***

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB565-1



Dietary Supplement

105 mg Per Serving • 120 Veggie Caps



Doctor's
BEST®

Science-Based
Nutrition™

**High
Absorption
Magnesium**
Lysinate Glycinate 100% Chelated

Muscle Relaxation & Healthy Sleep Support*

▶ **Easy to Swallow**

Supplement Facts

Serving Size 2 Veggie Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Magnesium	105 mg	25 %
(from 1,050 mg magnesium lysinate glycinate chelate)		

Other Ingredients: Hypromellose (vegetarian capsule), calcium stearate, microcrystalline cellulose, silicon dioxide.

Suggested Adult Use: Take 2 capsules daily or as recommended by a nutritionally informed physician.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA
(800) 777-2474

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Amino acid chelate supplied by Balchem Corporation. The Albion Gold Medallion design is a trademark of Albion Laboratories, Inc. U.S. Patent 7,838,042.

drbvitamins.com

