

PEAK PERFORMANCE NUTRACEUTICS

# ALPHA DAY

## BRAIN FOCUS FORMULA\*

AIDES COGNITIVE FUNCTION\*

SUPPORTS MENTAL CLARITY\* VITAMINS A-E

GREEN TEA EXTRACT

DIETARY SUPPLEMENT | 60 VEGGIE CAPSULES

### Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

Vitamin A (as Beta Carotene)	2400 IU	48%
Vitamin C (as Ascorbic Acid)	125 mg	208%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E 30 IU (as dl Alpha Tocopheryl 50%)	100 IU	100%
Vitamin B1 (as Thiamine Mononitrate)	3 mg	200%
Vitamin B2 (Riboflavin)	1.7 mg	100%
Vitamin B3 (Niacinamide)	12.5 mg	62%
Vitamin B6 (Pyridoxal Phosphate)	12 mg	600%
Folic Acid Pure	12 mg	600%
Biotin 1%	400 mcg	100%
Vitamin B5 (Pantothenic Acid)	3 mcg	3%
Calcium (as calcium carbonate)	12 mg	120%
Iron (as Ferrous Fumarate)	20mg	2%
Magnesium (as magnesium oxide 58%)	1mg	6%
Zinc (oxide)	50 mg	12%
	10mg	67%

Selenium (Selenium Amino Acid Chelate 0.2%)	50 mcg	71%
Copper (Gluconate 13%)	52 mcg	3%
Manganese (Chelate 20%)	400 mcg	20%
Chromium (Polynicotinate)	12 mcg	10%
Molybdenum (Amino Chelate)	10 mcg	20%
Potassium (Citrate 36%)	50 mg	1.4%
Potassium (Citrate 36%)	692 mg	
Proprietary Blend		
DMAE Bitartrate (Dimethylaminoethanol), L Glutamine, Glutamic Acid, Green Tea Extract, Bacopa Extract, Choline (bitartrate), Inositol, N-Acetyl L-Tyrosine, Bilberry Fruit Extract, Gaba (Gamma Aminobutyric Acid) Grape Seed Extract, Grape Fruit Seed Extract, Olive Leaf, Cinnamon Bark Extract, Licorice Root Extract, Boron (Citrate), DHA (Docosahexaenoic Acid) 14%, Vanadyl Sulfate 19%, Phosphatidylserine 20%, Huperzine A		

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide



Distributed By: Peak Performance Nutraceuticals 1093 Medford Center, Medford, OR 97504 | www.peakperformance.com

### SUGGESTED USE

As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot # and Expiration Date Printed on bottom of Bottle.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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