

HoltraCeuticals™



# Optimal D

Dietary Supplement

Essential Support for Bone, GI and Immune Health

15 Capsules

HOLTORF MEDICAL GROUP

## Supplement Facts<sup>V1</sup>

Serving Size 1 Capsule

Servings Per Container 15

1 capsule contains	Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol)	1,250 mcg (50,000 IU)	6,250%

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Stearic Acid, Silicon Dioxide and Magnesium Stearate.



**SUGGESTED USE:** 1 capsule per week. This product is a high dose vitamin D capsule that is not typically intended for long-term *daily* use. Please consult your health care professional if you are unsure of the appropriate dose. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **KEEP CONTAINER TIGHTLY CLOSED.** STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if outer logoed neck seal or inner-seal is missing or damaged. 103.004F

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfg for: Holtorf Medical Group®  
Centers for Hormone Balance,  
Hypothyroidism And Fatigue  
2232 E. Maple Ave  
El Segundo, CA 90245  
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