FEEL GOOD ABOUT YOUR FUEL

10 _g Collagen Peptides	25g Protein	Grass Fed Pasture Ra
5g Sugar	4g BCAA	Bg EAA
Lactose Free	Gluten FR Free	Stimulates M Protein Synth

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BUILD 4

PROTEIN COLD BREW COFFFF

DIETARY SUPPLEMENT

Supplement |

acts	TYPICAL AMINO ACID PROFILE (Average milligrams per serving naturally occurring)		
	Alanine	1,421 mg	
% Daily	Arginine	1,486 mg	
Value			
	Cysteine	117 mg	
3%	Glutamic Acid	4,608 mg	
2%*	Glycine	2,625 mg	
2.0		509 mg	
10%*	Hydroxylysine	137 mg	
48%*	Hydroxyproline	1,300 mg	
10%	Isoleucine*^	959 mg	
196		1,823 mg	
1.75		1,645 mg	
	Methionine†	470 mg	
	Phenylalanine†	975 mg	
	Proline	2,778 mg	
	Serine	1,224 mg	
000 calorie diet	Threonine†	886 mg	



