

## FEEL GOOD ABOUT YOUR FUEL

Mindful athletes, this one's for you! Introducing Vital Performance™ Protein Powder. A lactose-free performance supplement made with nutrient-dense ingredients to complement your fitness routine and stimulate muscle protein synthesis\*\* – no artificial sugars or sweeteners included. For optimal results, take at the start of the day, or within 30 minutes after your workout.

10g

Collagen Peptides

25g

Protein

Grass Fed +  
Pasture Raised

5g

Sugar

4g

BCAA

8g

EAA

Lactose  
FreeMade Without  
GlutenStimulates Muscle  
Protein Synthesis\*\*

per serving



vitalproteins.com

#stayvital®

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Notices: Use this product as a food supplement only. Do not use for weight reduction.

BUILD +  
OPTIMIZE\*\*25g  
PROTEINLACTOSE  
FREEMILK PROTEIN  
ISOLATECOLLAGEN  
GRASS FED

VP  
VITAL  
PERFORMANCE™  
PROTEIN  
CHOCOLATE

FLAVORED WITH OTHER NATURAL FLAVORS

DIETARY SUPPLEMENT  
NET WT 1.72 lb (27.6 OZ) 782 g

## Supplement Facts

Serving Size 2 Scoops (37g)  
Servings Per Container About 21

|                                    | Amount Per Serving | % Daily Value |
|------------------------------------|--------------------|---------------|
| Calories                           | 130                |               |
| Cholesterol                        | 10 mg              | 3%            |
| Total Carbohydrate                 | 6 g                | 2%*           |
| Total Sugars                       | 5 g                | **            |
| Includes 5 g Added Sugars          | 10%*               |               |
| Protein                            | 25 g               | 48%*          |
| Calcium                            | 350 mg             | 27%           |
| Sodium                             | 230 mg             | 10%           |
| Potassium                          | 70 mg              | 1%            |
| Milk Protein Isolate (from bovine) | 18 g               | **            |
| Collagen peptides                  | 10 g               | **            |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**OTHER INGREDIENTS:** Tapioca dextrose (D-Glucose), alkalized cocoa, natural flavors, sea salt, MCT oil powder (MCT oil, acacia fiber), sunflower lecithin, stevia leaf Reb M, monk fruit extract

CONTAINS: MILK, COCONUT

MANUFACTURED BY:

VITAL PROTEINS LLC  
3400 WOLF ROAD STE. 200  
FRANKLIN PARK, IL 60131

This product is manufactured in a facility that processes processes milk, fish and tree nuts.

**Directions:** Combine 2 scoops with 8 fl oz of cold water or your favorite smoothie. For best results, use a shaker cup or blender.

## TYPICAL AMINO ACID PROFILE

(Average milligrams per serving naturally occurring)

|                |          |
|----------------|----------|
| Alanine        | 1,421 mg |
| Arginine       | 1,486 mg |
| Aspartic Acid  | 1,911 mg |
| Cysteine       | 117 mg   |
| Glutamic Acid  | 4,608 mg |
| Glycine        | 2,625 mg |
| Histidine†     | 509 mg   |
| Hydroxylysine  | 137 mg   |
| Hydroxyproline | 1,300 mg |
| Isoleucine†*   | 959 mg   |
| Leucine†*      | 1,823 mg |
| Lysine†        | 1,645 mg |
| Methionine†    | 470 mg   |
| Phenylalanine† | 975 mg   |
| Proline        | 2,778 mg |
| Serine         | 1,224 mg |
| Threonine†     | 886 mg   |
| Tryptophan†    | 221 mg   |
| Tyrosine       | 828 mg   |
| Valine†*       | 1,220 mg |

†Essential Amino Acids

\*Branch-Chain Amino Acids (BCAAs)

If you are pregnant, nursing or have a medical condition, consult your physician before use.

**Storage Information:**  
Store in a cool, dry place

Do not use if safety seal is broken or missing.

Made With Bovine  
Collagen PeptidesHOPE  
BPA-Free

LOT: 000000 BEST IF USED BY: 00/00/0000