- Micronized Free Form Amino Acids For Faster Absorption\*
- Supports Recovery Before, During & After Exercise\*\*
- Caffeine from Natural Sources

TWO SCOOPS = ONE SERVING

١	SCOOP #	। ପ୍ରପ	<u>।                                    </u>	। ପ୍ରପ୍ରପ୍ରପ୍ରପ୍ର
	ENERGY LEVEL	MILD	MODERATE	INTENSE
۱	AMINO LEVEL	5 GRAMS	10 GRAMS	15 GRAMS
	CAFFEINE	100 MG	200 MG	300 MG

## **RECOMMENDED USE:**

DIAL-UP

FOR PRE-WORKOUT ENERGY SUPPORT\*: Take 2-6 scoops 20-30 minutes before training. FOR POST-WORKOUT AMINO SUPPORT\*: At least 4 hours after initial pre-workout dose, take 2-4 scoops after training. DO NOT EXCEED MORE THAN 10 SCOOPS PER DAY.

2 scoops of this product contain 100 mg caffeine. DO NOT EXCEED MORE THAN 6 SCOOPS within any 4 hour period. A person should start with < 2 scoops (<100 mg caffeine) to assess tolerance and then gradually increase serving size. Do not exceed 10 scoops per day. Do not combine with alcohol. Consume as part of a healthy diet, and drink at least 100 oz of water per day. Exercise may increase your need for additional fluid intake. Keep out of reach of children.



**CONCORD GRAPE** Naturally and Artificially Flavored

**ENERG** 

- USE ANYTIME + ESSENTIAL AMINO ACID DELIVERY
- TO SUPPORT: + MUSCLE RECOVERY \*\*
  - + ENERGY AND FOCUS



**DIRECTIONS:** Mix two scoops of ESSENTIAL AMINO ENERGY in 10-12 oz of cold water.

# Supplement Facts

Serving Size Two Scoops (9 g) Servings Per Container 65

Amount Per Serving	%Da	%Daily Valu		
Calories	10			
Total Carbohydrate	2 g	1%		

### Amino Blend

Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, Beta-Alanine (as CarnoSyn®) Micronized Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L-Histidine, Micronized L-Lysine HCI, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine

#### Energy Blend<sup>‡</sup>▲ Caffeine (from Green Tea)‡. Green Tea Extract (Camellia sinensis

(leaf)(standardized for EGCG), Green Coffee Extract (bean)

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

<sup>‡</sup>Total Caffeine from all sources is equal to 100mg/9g serving.

OTHER INGREDIENTS: Malic Acid. Natural and Artificial Flavors. Tartaric Acid, Silicon Dioxide, Calcium Silicate, Citric Acid Sucralose, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, FD&C Blue #2, FD&C Red #40, Inulin.

**ALLERGEN INFORMATION: CONTAINS SOY (LECITHIN)** 

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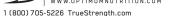
975 Meridian Lake Dr., Aurora, IL 60504



Natural Alternatives International (NAI) is the owner of patents 5,965,596, 6.172,098, 6,426,361, 6,680,294 and registered trademark CarnoSyn®.



TRUE STRENGTH





MANUFACTURED IN THE USA

Contents sold by weight not volume, some settling may occur. ★ When consumed as directed at maximum dosage

DIETARY SUPPLEMENT NET WT. 1.29 LBS (585 G) ▲ These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.