



One Daily W/Lutein & Lycopene Multivitamin

60 Tablets/Box #: VS-3183 / 1702944

Supplement Facts

Serving Size 1 TABLETS

Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A(AAs Beta-Carotene)	10000 IU	200%
Vitamin C(AA Ascorbic Acid)	100 Mg	100%
Vitamin D(AA Cholecalciferol)	400 IU	100%
Vitamin E(AA D-Alpha Tocopheryl Succinate)	30 IU	100%
Vitamin K(AA Phytanadione)	25 Mcg	50%
Thiamin(Vitamin B1)(AA Thiamin Mononitrate)	25 Mg	1000%
Riboflavin(Vitamin B2)	25 Mg	1471%
Niacin(AA Nicotinamide)	25 Mg	125%
Vitamin B6(AA Pyridoxine HCl)	25 Mg	1250%
Folic Acid	400 Mcg	100%
Vitamin B12(AA Cyanocobalamin)	100 Mcg	1000%
Biotin	50 Mcg	10%
Pantothenic Acid(AA D-Calcium Panthothenate)	25 Mg	250%
Calcium(AA Calcium Carbonate)	100 Mg	10%
Iron(AA Ferrous Fumarate)	18 Mg	100%
Iodine(From Kelp)	150 Mcg	100%
Magnesium(AA Magnesium Oxide)	50 Mg	12%
Zinc(AA Zinc Sulfate)	15 Mg	100%
Selenium(AA Amino Acid Chelate)	50 Mcg	71%
Copper(AA Copper Gluconate)	2 Mg	100%
Manganese(AA Manganese Sulfate)	5 Mg	250%
Chromium(Chromium)(AA Chromium Picolinate)	50 Mcg	42%
Molybdenum(AA Amino Acid Chelate)	100 Mcg	100%
CHLORIDE (AS POTASSIUM CHLORIDE)	20 Mg	1%
Potassium(AA Potassium Chloride)	25 Mg	1%
DIBENZYLIS BLEND(BETAIN HCL, BROMELAIN FROM PINEAPPLE, PAPAIN FROM PAPAYA, PEPAIN FROM PORKINE)	40 Mg	N/A*
ANTIOXIDANT BLEND(L-GLUTATHIONE (REDUCED), SUPEROXIDE DISMUTASE, COQ10)	5 Mg	N/A**
Choline(AA Choline Bitartrate)	25 Mg	N/A*
Citrus Bioflavonoid Complex	25 Mg	N/A*
Inositol	25 Mg	N/A*
LECITHIN (SOY)	25 Mg	N/A*
Palmitoylethanolamide	25 Mg	N/A*
BEE POLLEN(POWDER)	10 Mg	N/A*
Korean Ginseng(Panax Ginseng)(Root)	10 Mg	N/A*
Rose Hips(Rose Hips)(Fruit)	10 Mg	N/A*
METHIONINE(AS D,L-METHIONINE)	5 Mg	N/A*
GAMMA LINGULIC ACID (GLA)	5 Mg	N/A*
L-CARNITINE COMPLEX	5 Mg	N/A*
L-CYSTEINE (HYDROCHLORIDE)	5 Mg	N/A*
ROYAL JELLY (POWDER)	5 Mg	N/A*
ROUTIN (BIOFLAVONOIDS) (GALLIC ACID)	5 Mg	N/A*
Lutein(Forage)(From Marigold)	500 Mcg	N/A*
Lycopene(Lycopene)(From Tomato Extract)	300 Mcg	N/A*

* Daily value not established

Other Ingredients:

Sucrose, Microcrystalline Cellulose, Dicalcium Phosphate, Croscarmellose Sodium, Magnesium Stearate, Magnesium Stearate, Silicon Dioxide, Aqueous Film Coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, riboflavin, titanium dioxide). Contains 10% and 50%.