



# Soy Lecithin

## Premium Formula

### Non-GMO 1200 mg

### 3rd Party Lab Tested



240 SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving size: 1 softgel  
Servings per container: 240

	Amount per serving	%Daily Value
Calories	10	
Calories from fat	10	
Total fat	1 g	1%
Soy Lecithin (61% phosphatides, 732 mg)	1200 mg (1.2 g)	*
Typically contains:		*
Phosphatidylcholine	168 mg	*
Phosphatidylinositol	96 mg	*

\*Daily value not established.

**Other Ingredients:** Gelatin, vegetable glycerin.

**Shell Ingredients:** Gelatin, vegetable glycerin, purified water.

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.*

Manufactured for Best Naturals,  
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[www.shopbestnaturals.com](http://www.shopbestnaturals.com)

For additional information call: 1-877-659-6004

Lot#

Exp#



Lecithin is an important natural source of essential fatty acids Choline and Inositol which are important for the proper functioning of the body. Lecithin aids in emulsifying fats, enabling them to be dispersed in water; and as a choline-containing phospholipid, its choline is easily absorbed and utilized by the body. Best Naturals Non-GMO Lecithin Softgels contain 14% Phosphatidylcholine, a vital part of the B Vitamin Complex that is involved with the chemistry of the brain.\* Certain research publications indicate that Soy Lecithin may help support the following:

- Supports with cardiovascular health\*
- Supports healthy nervous system\*

**SUGGESTED USE:** As a dietary supplement, take one (1) softgel two to three times daily, preferably with meals, or as directed by your qualified healthcare professional. Consider taking these other products: Best Naturals L-Carnitine, Omega-3 Fish Oil and CoQ10.

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

**MADE IN USA**

