

Selenium is as essential trace mineral and functions as part of the antioxidant enzyme glutathione peroxidase. It is bonded to the essential sulfur amino acid, methionine, in a naturally occurring form as found in the diet. Selenium is found most abundantly in Brazil Nuts, organ meats, seafood, and wheat germ.\* Certain research publications indicate that it may help support the following:

- › Supports healthy immune system\*
- › Supports prostate health\*
- › Antioxidant support\*

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**MADE IN USA**



**Best Naturals®**

# Selenium

## Premium Formula

### 200 mcg

### 3rd Party Lab Tested

**240 TABLETS**

**DIETARY SUPPLEMENT**



## Supplement Facts

Serving size: 1 tablet

Servings per container: 240

|                              | Amount per serving | %Daily Value |
|------------------------------|--------------------|--------------|
| Selenium (as selenium yeast) | 200 mcg            | 364%         |

**Other Ingredients:** Dicalcium phosphate, brewer's yeast powder, stearic acid, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide, pharmaceutical glaze.

**SUGGESTED USE:** As a dietary supplement, take one (1) tablet daily, preferably with a meal, or as directed by your qualified healthcare professional.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Lactose, No**

Manufactured for Best Naturals,  
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Lot# Exp#

