

Directions: Take one tablespoon daily. Great on cottage cheese, fruit salad, or in smoothies.

PureOmega is Peruvian sacha inchi oil, the highest plant source of omega-3 and -6 fatty acids available. This oil is unique, because it is easily digested and provides 100% of the recommended daily intake for omega-3 fatty acids. It is also rich in amino acids, plus vitamin E. So, it is a complete food oil. PureOmega is free of heavy metals and contaminants, has virtually no aftertaste, and is an environmentally conscious product. Ideal for vegetarians. Over 50% omega-3s by weight. Ideal alternative to fish oil.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



North American
Herb & Spice



Raw

PureOmega

Made with organic sacha inchi oil

Supports healthy skin, hair, and nails*

Dietary Supplement

8 FL. OZ. (240 ML.)

Supplement Facts

Serving Size: 1 tbsp.

Serving Per Container: 16

	Amount Per Serving	% Daily Value
Proprietary blend	3,360mg	
Organic Sacha Inchi oil		
Omega-3s	1,600mg	100%
alpha-linolenic acid	800mg	
other omega-3s	800mg	
Omega-6s	1,175mg	14%
linolenic	395mg	
other omega-6s	780	*
Wild rosemary oil		

*Daily value not established

Mfd. for North American Herb & Spice
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