

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant, nursing, or under the age of 18. If you have a bleeding disorder, are taking Coumadin®* (warfarin) or any medications, consult a healthcare professional before use.

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Aquamin® is a registered trademark of Marigot Limited.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

†Trademark of its respective company.

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-9NATURE / feelalive.com

**HIGH
POTENCY
B-VITAMINS**

to help convert
food to fuel*

Nature's
Way

ONCE DAILY

Alive!



**MEN'S
ULTRA POTENCY
COMPLETE MULTIVITAMIN**

**Energizer™ with Food-Based Blends
& Orchard Fruits™ / Garden Veggies™**
Powder Blend (60 mg per serving)

150 TABLETS • MULTIVITAMIN SUPPLEMENT

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Total Carbohydrate	<1 g.....<1%†
Vitamin A (as 50% [675 mcg] beta carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg.....150%
Vitamin C (ascorbic acid)	203 mg.....226%
Vitamin D3 (as cholecalciferol)	50 mcg.....250%
Vitamin E (as d-alpha tocopheryl succinate)	60 mg.....400%
Vitamin K (as phytonadione)	120 mcg.....100%
Thiamin (as thiamin mononitrate)	20 mg.....1,667%
Riboflavin	20 mg.....1,538%
Niacin (as niacinamide)	40 mg.....250%
Vitamin B6 (as pyridoxine HCl)	20 mg.....1,176%
Folate	400 mcg DFE.....100%
	(418 mcg Quatrefolic® brand (6S)-5-Methyltetrahydrofolate glucosamine salt)
Vitamin B12 (as methylcobalamin)	40 mcg.....1,667%
Biotin	33 mcg.....110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg.....400%
Choline (as choline bitartrate)	20 mg.....4%
Calcium (from Aquamin® calcified mineral source red algae <i>Lithothamnion</i> sp. [whole plant] and as dicalcium phosphate)	130 mg.....10%
Iodine (as potassium iodide)	150 mcg.....100%
Magnesium (from Aquamin® calcified mineral source red algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium oxide)	55 mg.....13%
Zinc (as zinc oxide)	22 mg.....200%
Selenium (as sodium selenate)	200 mcg.....364%
Copper (as copper sulfate)	1.8 mg.....200%
Manganese (as manganese sulfate)	5.8 mg.....252%
Molybdenum (as sodium molybdate)	45 mcg.....100%

Men's Blend: Saw Palmetto (berry), Lycopene..... 101 mg..... **
(from Tomato Extract)

Amount per Serving	% DV
Orchard Fruits™ & Garden Veggies™ Powder Blend	60 mg..... **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Energy & Endurance Blend: Eleuthero (root), Rhodiola Extract (root), Asian Ginseng Extract (root), Gotu Kola (aerial parts)	30 mg..... **
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root), Coenzyme Q10 (Ubiquinone 10)	20 mg..... **
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine)	20 mg..... **
Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (<i>Aphanizomenon flos-aquae</i>), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (<i>Cymbopogon citratus</i>) (aerial parts), Nettle (<i>Urtica</i> spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg..... **
Inositol	20 mg..... **
Mushroom Mycelial & Primordia Biomass Defense Blend	20 mg..... **
Organic Reishi (<i>Ganoderma lucidum</i>), Organic Shiitake (<i>Lentinula edodes</i>), Organic Hiratake (<i>Pleurotus ostreatus</i>), Organic Enokitake (<i>Flammulina velutipes</i>), Organic Maitake (<i>Grifola frondosa</i>), Organic Yamabushitake (<i>Hericium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Organic Kewaratake (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Grifola umbellata</i>)	
Digestive Enzyme Blend	7 mg..... **
Betaine HCl, Bromelain, Papain	
Rutin (from <i>Sophora japonica</i>) (flower bud) Extract	5 mg..... **
Lutein (from Aztec marigold extract) (flower)	500 mcg..... **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, hypromellose, magnesium stearate, gelatin, glycerin, brown rice

◆ LG13717.C01 BLK8650C

