A COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO MOM AND BABY

One A Day® Women's Prenatal 1 supports your nutritional



One A Day[®] Women's Prenatal 1 is a multivitamin with at least 100% Daily Value for key nutrients such as folic acid and iron.

One A Day* Women's Prenatal 1 also has DHA, an Omega-3 fatty acid, that helps support healthy fetal brain and eye development during pregnancy* and is also recommended by experts for breastfeeding mothers.

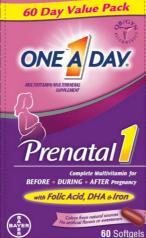
"This statement has not been evaluated by the Food and tirug Administration. This product is not introded to diagnose, treat, cure, or prevent any disease.

NO Synthetic Colors
NO High Fructose Corn Syrup
NO Gluten
NO Wheat Allergen
NO Dairy (Milk) Allergen
NO Egg Allergen

Questions or comments? Please text or call 1-800-800-4793 (Mon-Fri 9AM – 5PM EST)

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Directions: Adults, take one softgel daily with food.

Supplement Facts Serving Size: One softgel

	Amount Per Serving	% Daily Value for Pregnant ar Lactating Wome
Calories	5	
otal Fat	0.5 g	<19
Cholesterol	5 mg	2
/itamin A	650 mcg	50
(50% as beta-carotene)	-	
/itamin C	85 mg	71
	15 mcg (600 IU)	100
/itamin E	19 mg	100
Thiamin (B ₁)	1.4 mg	100
Riboflavin (B ₂)	1.6 mg	100
Viacin	18 mg	100
/itamin B ₆	2 mg	100
olate (80	1330 mcg DFE 0 mcg folic acid)	222
/itamin B ₁₂	2.8 mcg	100
Biotin	35 mcg	100
antothenic Acid	7 mg	100
Calcium	150 mg	12
ron	27 mg	100
odine	150 mcg	52
Magnesium	40 mg	10
Zinc	13 mg	100
Copper	1.3 mg	100
Omega-3 Fatty Acids (from fish	oil) 235 mg	
DHA (docosahexaenoic acid)	200 mg	
EPA (eicosapentaenoic acid)	35 mg	,
Percent Daily Values are based on *Daily Value not established.	a 2,000 calorie diet.	

Calcium Ascorbatic, Yellow Resexuer, Magnesium Order, Less fian 2% of Beta-Carolene, Beiloin, Carbonyl Iron, Color (Annato Estuda (Seed), Cupric Oxide, Cyanocobalamin, 4-Alpha-Tocopherol, D-Calcium Partotherale, Folic And, Misoinamide, Potassium Indide, Purified Water, Pyridoxine Hydroxiner, Berdonfuler, Retindral, Rodofaria, See, Ucathin, Thiamine Mononitrate, Vitamin Öz (Cholecalciferol), Zinc Oxide.

Ingredients: Omega-3 Fish Oil, Calcium Carbonate, Gelatin, Glycerin

Contains: Fish (anchovy, sardine, tuna) and Soy.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

For Adult Use Only

CHILD RESISTANT CAP

Not for children

Do not exceed recommended intake

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Store at room temperature. Avoid temperatures above 25°C (77°F).

Due to the use of colors derived from natural sources, some dark spots may appear on the softgel over time. This does not impact product quality or safety.

Product of Spain

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