

A COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO MOM AND BABY

One A Day® Women's Prenatal 1 supports your nutritional needs at three key stages*:



One A Day® Women's Prenatal 1 is a multivitamin with at least 100% Daily Value for key nutrients such as folic acid and iron.

One A Day® Women's Prenatal 1 also has DHA, an Omega-3 fatty acid, that helps support healthy fetal brain and eye development during pregnancy* and is also recommended by experts for breastfeeding mothers.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NO Synthetic Colors
NO High Fructose Corn Syrup
NO Gluten

NO Wheat Allergen
NO Dairy (Milk) Allergen
NO Egg Allergen

Questions or comments?
Please text or call 1-800-800-4793 (Mon-Fri 9AM – 5PM EST)

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Bayer

60 Day Value Pack

ONE A DAY

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT



Prenatal 1

Complete Multivitamin for
BEFORE • DURING • AFTER Pregnancy

with **Folic Acid, DHA & Iron**



Colors from natural sources
No artificial flavors or sweeteners

60 Softgels

Directions: Adults, take one softgel daily with food.

Supplement Facts

Serving Size: One softgel

	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Calories	5	
Total Fat	0.5 g	<1%*
Cholesterol	5 mg	2%
Vitamin A (50% as beta-carotene)	650 mcg	50%
Vitamin C	85 mg	71%
Vitamin D	15 mcg (600 IU)	100%
Vitamin E	19 mg	100%
Thiamin (B ₁)	1.4 mg	100%
Riboflavin (B ₂)	1.6 mg	100%
Niacin	18 mg	100%
Vitamin B ₆	2 mg	100%
Folate	1330 mcg DFE (800 mcg folic acid)	222%
Vitamin B ₁₂	2.8 mcg	100%
Biotin	35 mcg	100%
Pantothenic Acid	7 mg	100%
Calcium	150 mg	12%
Iron	27 mg	100%
Iodine	150 mcg	52%
Magnesium	40 mg	10%
Zinc	13 mg	100%
Copper	1.3 mg	100%
Omega-3 Fatty Acids (from fish oil)	235 mg	**
DHA (docosahexaenoic acid)	200 mg	**
EPA (eicosapentaenoic acid)	35 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Omega-3 Fish Oil, Calcium Carbonate, Gelatin, Glycerin, Calcium Ascorbate, Yellow Beeswax, Magnesium Oxide; Less than 2% of: Beta-Carotene, Biotin, Carbonyl Iron, Color (Annatto Extract [seed]), Cupric Oxide, Cyanocobalamin, d-Alpha-Tocopherol, D-Calcium Pantothenate, Folic Acid, Niacinamide, Potassium Iodide, Purified Water, Pyridoxine Hydrochloride, Retinyl Palmitate, Riboflavin, Soy Lecithin, Thiamine Mononitrate, Vitamin D₃ (Cholecalciferol), Zinc Oxide.

Contains: Fish (anchovy, sardine, tuna) and Soy.

WARNING: Accidental overdose of Iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

For Adult Use Only

Not for children

Do not exceed recommended intake

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Store at room temperature. Avoid temperatures above 25°C (77°F).

Due to the use of colors derived from natural sources, some dark spots may appear on the softgel over time. This does not impact product quality or safety.

Product of Spain

Dist. by:
Bayer HealthCare LLC
Whippany, NJ 07981



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