

Directions: Adults: Two tablets daily, with food.

Supplement Facts

Serving Size: Two tablets
Servings Per Container: 80

	Amount Per Serving	% Daily Value
Vitamin A (10% as beta-carotene)	700 mcg	78%
Vitamin C	84 mg	93%
Vitamin D	25 mcg (1000 IU)	125%
Vitamin E	7.5 mg	50%
Vitamin K	25 mcg	21%
Thiamin (B ₁)	0.97 mg	81%
Riboflavin (B ₂)	1.3 mg	100%
Niacin	16 mg	100%
Vitamin B ₆	1.7 mg	100%
Folate (400 mcg folic acid)	665 mcg DFE	166%
Vitamin B ₁₂	6 mcg	250%
Biotin	30 mcg	100%
Pantothenic Acid	5 mg	100%
Calcium	400 mg	31%
Iron	18 mg	100%
Iodine	150 mcg	100%
Zinc	8 mg	73%
Selenium	27.5 mcg	50%
Copper	0.9 mg	100%
Manganese	1.8 mg	78%
Chromium	25 mcg	71%

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Maltodextrin, Ferrous Fumarate, Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Copper Sulfate, Croscarmellose Sodium, Dyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Inulin, Manganese Sulfate, Medium Chain Triglycerides, Mucilage, Phylloquinone, Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Talc, Thiamine Mononitrate, Triacetin, Vitamin A Acetate, Zinc Oxide.

Specialized Formula with MORE OF WHAT MATTERS TO WOMEN

Formulated to Support:*



BONE HEALTH
with Calcium &
Vitamin D



HEART HEALTH†
with Folic Acid, Vitamins B6
& B12



IMMUNE HEALTH
with Vitamins A, C, D, E,
Selenium & Zinc



SKIN HEALTH
with Vitamins A, C, E,
Zinc & Copper



**HEALTHY MUSCLE
FUNCTION**
with Vitamin D



**HEALTHY ENERGY
METABOLISM†**
with B Vitamins

†Not a replacement for heart medications

‡With B Vitamins to help convert food to fuel

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP**

For Adult Use Only

Not for Children

If pregnant, breast-feeding, taking medication,
or have any medical condition ask a health
professional before use.

Do not exceed recommended intake

Do not use if printed safety seal bearing "Bayer
HealthCare" under cap is torn or missing.

ONE A DAY®

**WOMEN'S
Petites**
Complete Multivitamin

One A Day® Women's is a complete
Multivitamin specially formulated for
leading health concerns of women.

Contains at least 100% Daily Value of
7 B Vitamins, which help convert
food to energy*, and 4 other essential
nutrients at 100% DV or more.**

FREE OF: Artificial Colors and Fish/Crustacean
Shellfish, Dairy (Milk) and Egg Allergens

**Vitamin D, Iron, Iodine and Copper
†Compared to One A Day® Women's

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

NUTRITIONAL SUPPORT FOR
6 KEY VITAL
FUNCTIONS*

ONE A DAY®

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT



**WOMEN'S
Petites**
Complete Multivitamin

NUTRITIONAL SUPPORT FOR
6 KEY VITAL FUNCTIONS:†



BONE
HEALTH



HEART
HEALTH†



IMMUNE
HEALTH



SKIN
HEALTH



HEALTHY
MUSCLE
FUNCTION



HEALTHY
ENERGY
METABOLISM†



160 TABLETS



LOT/EXP



Questions or comments?

Please text or call 1-800-800-4793
(Mon - Fri 9AM - 6PM EST)

Store at room temperature.

Avoid excessive heat above 40°C (104°F).

Dist. by:

Bayer HealthCare LLC
Whippany, NJ 07981

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