

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP

For Adult Use Only

Not for Children

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

Do not exceed recommended intake

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Store at room temperature.

Avoid excessive heat above 40°C (104°F).

Questions? 1-800-800-4793

Dist. by:

Bayer HealthCare LLC

Whippany, NJ 07981

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**NUTRITIONAL SUPPORT FOR
6 KEY VITAL
FUNCTIONS***

ONE A DAY®

**MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT**

WOMEN'S Complete Multivitamin

**NUTRITIONAL SUPPORT FOR
6 KEY VITAL FUNCTIONS:***



**BONE
HEALTH**



**HEART
HEALTH†**



**IMMUNE
HEALTH**



**SKIN
HEALTH**



**HEALTHY
MUSCLE
FUNCTION**



**HEALTHY
ENERGY
METABOLISM‡**



200 TABLETS

*Specialized
Formula with
**MORE
OF WHAT
MATTERS
TO WOMEN**
Formulated
to Support:**

BONE HEALTH
with Calcium &
Vitamin D

HEART HEALTH†
with Folic Acid,
Vitamins B6 & B12

IMMUNE HEALTH
with Vitamins A, C, D, E,
Selenium & Zinc

SKIN HEALTH
with Vitamins A, C, E,
Zinc & Copper

**HEALTHY MUSCLE
FUNCTION**
with Vitamin D

**HEALTHY ENERGY
METABOLISM‡**
with B Vitamins

**FREE OF: Artificial Colors, Artificial Flavors and Artificial
Sweeteners and Fish/Crustacean Shellfish and Egg Allergens**

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (10% as beta-carotene)	700 mcg	78%	Vitamin B ₁₂	6 mcg	250%
Vitamin C	84 mg	93%	Biotin	30 mcg	100%
Vitamin D	25 mcg (1000 IU)	125%	Pantothenic Acid	5 mg	100%
Vitamin E	7.5 mg	50%	Calcium	400 mg	31%
Vitamin K	25 mcg	21%	Iron	18 mg	100%
Thiamin (B ₁)	0.97 mg	81%	Iodine	150 mcg	100%
Riboflavin (B ₂)	1.3 mg	100%	Zinc	8 mg	73%
Niacin	16 mg	100%	Selenium	27.5 mcg	50%
Vitamin B ₆	1.7 mg	100%	Copper	0.9 mg	100%
Folate	665 mcg DFE (400 mcg folic acid)	166%	Manganese	1.8 mg	78%
			Chromium	25 mcg	71%

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Maltodextrin, Ferrous Fumarate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Copper Sulfate, Croscarmellose Sodium, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Inulin, Manganese Sulfate, Medium Chain Triglycerides, Niacinamide, Phylloquinone, Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Talc, Thiamine Mononitrate, Triacetin, Vitamin A Acetate, Zinc Oxide.

*With B Vitamins to help convert food to fuel

†Not a replacement for heart medications
*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

LOT/EXP