

around bedtime.









SUGGESTED USE: Mix one scoop (39.5 p) in 8 ounces of either hot or cold water

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place. WARNING: If pregnant, nursing, or trying to conceive, do not use this product.







†This product uses Albion's TRAACS® Magnesium Bisglycinate Chelate Taste Free. TRAACS is a trademark of Albion International. Inc. ++This product uses Pharma Foods International's Gamma-Aminobutyric Acid (PharmaGABA®). PharmaGABA is a registered trademark of Pharma Foods +++This product uses Sunfiber® AG. Sunfiber AG is a registered trademark of Taivo International, Inc.††††This product uses Tate and Lyle's Purefruit Select™ (Monk Fruit concentrate). Purefrui Select is a trademark of Tate and Lyle Ingredients Americas, LLC.

WARNING FOR CALIFORNIA RESIDENTS ONLY: Consuming this product can expose you to chemicals. including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food. See also www.thorne.com/prop-65.

THORNE

RecoveryPro[®] Chocolate Flavored

DIETARY SUPPLEMENT



SUPPLEMENT FACTS Serving Size: One Scoop (39.5 g)

Servings Per Container: 12		
One Scoop (39.5 g) Contains:		%E
Calories	140	
Total Fat	6 g	89
Saturated Fat	5 g	259
Cholesterol	10 mg	39
Total Carbohydrate	9 g	39
Dietary Fiber	2 g	79
Total Sugars	2 g	
Includes 2 g of Added Sugars		49
Protein	13 g	269

One Scoop (39.5 g) Contains:		%DV
Magnesium (as TRAACS® Magnesium		
Bisglycinate Chelate Taste Free)†	125 mg	30%*
Sodium	253 mg	11%*
Potassium	265 mg	6%*
Hydrolyzed Whey Protein Concentrate, Lecithin	15.9 g	
L-Tryptophan	390 mg	**
Gamma-Aminobutyric Acid (GABA)††	100 mg	**

Other Ingredients: Creamer (Coconut Oil, Lactose, Sodium Caseinate, Dipotassium Phosphate and Silicon Dioxide), Alkalized Cocoa Powder, Tapioca Maltodextrin, Chocolate Flavor, Sea Salt, Xanthan Gum, Guar Gum†††, Monk Fruit concentrate (fruit) (Siraitia grasvenorii)††††, Evaporated Cane Juice Sugar, Organic Rice Fiber,

88 mg

Contains ingredients derived from milk (Hydrolyzed Whey Protein Concentrate, Lactose and Sodium Caseinate) and from soy (Lecithin).

** Daily Value (DV) not established

\$\frac{1}{2}\$This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966



