



# OMEGA-3 SOFT CHEWS

## DIETARY SUPPLEMENT

120 mg total omega-3 fatty acids

May reduce the risk of coronary heart disease\*<sup>†</sup>

Helps maintain normal, healthy cholesterol and blood pressure\*<sup>†</sup>

Supports joint, brain and skin health\*

Purified

SUGAR FREE

50 SOFT CHEWS

Natural Citrus Flavored



CODE 415981

HLG

Directions: As a dietary supplement, enjoy one to three soft chews daily with food.

## Supplement Facts

Serving Size One Soft Chew

Amount Per Serving	% Daily Value
Calories	20
Calories from Fat	5
Total Fat	0.5 g
Cholesterol	5 mg
Total Carbohydrate	4 g
Sugar	0 g
Sugar Alcohols	3 g
Vitamin C	5 mg
Sodium	10 mg
Omega-3 Fatty Acids (EPA & DHA 105 mg)	120 mg

<sup>†</sup> Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

**Ingredients:** Maltitol Syrup, Isomalt, Fish Oil (Sardine & Anchovy), Gelatin, Natural Flavors, Soy Lecithin, Palm Oil, Citric Acid, Glycerin, Carrageenan, Natural Color from Fruits and Vegetables, Sucralose, FD&C yellow #6.

**CONTAINS:** Fish (Anchovy & Sardine) and Soybeans.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

For more information:

1-888-462-2548

SHOP NOW @ [GNC.COM](http://GNC.COM)

Distributed by:

General Nutrition Corporation  
Pittsburgh, PA 15222

GNC Omega-3 Soft Chews are great-tasting, sugar free and make a convenient alternative to pills. Fish oil naturally provides the heart-healthy omega-3 fatty acids EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid). Each soft chew features a total of 120 mg of omega-3 fatty acids (105 mg total of EPA and DHA).

A landmark study involving over 11,000 participants has confirmed the major benefits of fish oil on cardiovascular health. The omega-3 fatty acids found in fish oil are necessary for heart health.\* They help support normal, healthy cholesterol levels and are necessary in the maintenance of normal blood pressure.\* Individually, EPA is important for circulatory system health, and DHA provides support for healthy triglyceride levels.\*

In addition to the numerous heart health benefits, fish oil also:

- Supports joint and skin health\*
- Supplies DHA which is required for optimal eye and brain function\*

The fish oil in GNC Omega-3 Soft Chews has been purified and manufactured for freshness and removal of contaminants such as lead, arsenic, mercury, and PCBs. We use only the best quality ingredients derived from wild, deep ocean fish.

\*Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!