

Organically Bound Minerals

Contains a Natural Blend and Balance of Important Minerals From Alfalfa

The word alfalfa, meaning father of all foods, was chosen by the Arabians, who discovered that the sprouts gave both them and their racing horses strength and endurance. Alfalfa's ability to offer such dynamic nutritional returns has been revealed over the years. Indeed, it is aptly named because the sprouts carry all six of the major minerals we need: calcium, magnesium, phosphorus, potassium, iron, and zinc. In addition, because sprouts are whole foods, the minerals are found in natural proportions, which aid in absorption. These minerals are alkaline, yet they have a neutralizing effect on the gastrointestinal tract. Alfalfa also provides vitamins, including vitamins A, K, P, and folic acid.

Alfalfa is also a source of chlorophyll, the most well-known plant chemical. Chlorophyll encourages a healthy balance of intestinal flora and has additional benefits as well. Kelp, another ingredient in Organically Bound Minerals, contains B vitamins, minerals, and trace elements. The minerals found in alfalfa and kelp are needed by living cells for proper structure and function. Our bodies need to maintain the appropriate chemical balance to sustain life. In order to achieve that goal, mineral levels must be maintained in balanced rations.[†]

How Organically Bound Minerals Keeps You Healthy

Keeps your heart healthy

Potassium from kelp and alfalfa helps keep your heart healthy and works in concert with sodium to maintain a healthy water balance in the body. Potassium also helps maintain healthy blood pressure within a normal range. This is especially important because of the high amount of sodium we often get in our daily diets. Iodine in kelp helps metabolize fat and maintain healthy circulation. It is also essential for proper thyroid function. Kelp supports healthy blood vessels and chlorophyll is believed to act as a blood purifier.[‡]

Maintains nervous system function

Potassium plays a key role in the regular transmission of electrochemical impulses in nerves. Vitamin B complex and minerals from kelp support brain tissue and the membranes that surround the brain, sensory nerves, and spinal cord.[‡]

Supports cellular health

In addition to chlorophyll supporting normal cellular function, potassium is required for the passage of nutrients across the cell membrane, and it is also necessary for a number of chemical reactions inside cells. Thus, potassium is an important electrolyte and must remain within proper balance both inside and outside of the cell in order to maintain normal cellular functions. Potassium is also intimately involved in helping maintain proper pH balance.[‡]



Introduced in 1935



Content:

90 tablets

Suggested Use: One tablet per meal, or as directed.

Supplement Facts:

Serving Size: 1 tablet

Servings per Container: 90

	Amount per Serving	%DV
Calories	1	
Iodine	225 mcg	150%
Dried Alfalfa (Whole Plant) Juice	275 mg	
Kelp	85 mg	

Ingredients: See Supplement Facts.

Other Ingredients: Honey and calcium stearate.

Each tablet supplies approximately: 60 mg of naturally occurring alkaline ash minerals.

Sold through health care professionals.



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[†]This product contains less than 10 parts per million of gluten per serving size or less than 20 parts per million per the suggested use listed on each product label. [‡]Vegetarian (Lacto-ovo)
[†]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.