Recommended Use: As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication (especially antidepressants), or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.



Distributed by Nutricost® 351 E 1750 N Vineyard, UT 84059 (866) 438-3694 | support@nutricost.com

www.nutricost.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



per serving

5-Hydroxytryptophan servings

per container

UNFLAVORED

Net Wt. 0.9 OZ (25 G) | Dietary Supplement



## **Supplement Facts**

Serving Size: 1 Scoop (300mg) Servings Per Container: 83

5-HTP (5-Hydroxytryptophan) 300ma

Other ingredients: None.

Amount Per Serving

\* Daily Value (DV) not established.





