

MK-7 (Menaquinone-7), an enhanced bioactive form of vitamin K2, is ten times better absorbed than vitamin K1 from spinach. MK-7 is responsible for the carboxylation of specific bone proteins needed for building bones. Also, MK-7 promotes cardiovascular health by helping to maintain arterial elasticity.† Certain research publications indicate that MK-7 may help support the following:

- Supports healthy bones.†
- Supports healthy cardiovascular function.†
- Supports healthy aging.†

SUGGESTED USE: As a dietary supplement, take one (1) tablet daily with a meal or as directed by your qualified healthcare professional.

MenaQ7® is a patented form of Vitamin K2 and is a registered trademark of NattoPharma ASA, Norway.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MADE IN USA



Best Naturals®

MK-7 Vitamin K2

MenaQ7®
Vitamin K2 as MK-7



100 mcg
with Vitamin D3

180 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 180

	Amount Per Serving	%Daily Value
Vitamin D (from cholecalciferol)	125 mcg	625%
Vitamin K2 (as menaquinone-7)	100 mcg	83%

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose (vegetable grade), stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, pharmaceutical glaze.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications (especially anticoagulants [e.g. Warfarin/Coumadin]), or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Egg, No Lactose, No Gluten, No Wheat, No Fish. Sodium Free.

Manufactured for Best Naturals,
PO Box 394, Kenilworth NJ 07033 USA

www.shopbestnaturals.com

For additional information call 1-877-659-6004

Lot#

Exp#

