


Magnesium oxide is derived from ancient oceanic deposits and is a rich source of element magnesium (58% average). Magnesium is an essential mineral that plays a key role in the activation of amino acid for protein biosynthesis and is highly concentrated in intracellular fluid and bone.† Certain research publications indicate that Magnesium Oxide may help support the following:

- Supports energy production and metabolism.†
- Supports essential nerve, muscle and heart function.†
- Supports healthy blood circulation.†

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

 **MADE IN USA**



Magnesium Oxide

Premium Formula

500 mg

3rd Party Lab Tested

180 TABLETS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Tablet
 Servings Per Container: 180

	Amount Per Serving	%Daily Value
Magnesium (from Magnesium Oxide)	500 mg	119%

Other Ingredients: Dicalcium Phosphate, Micocrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silicon Dioxide, Pharmaceutical Glaze.

SUGGESTED USE: As a dietary supplement, take one (1) tablet two times daily with food or as directed by your qualified healthcare professional. Consider taking these other Best Naturals products: Calcium, Vitamin D and Zinc.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

Manufactured for Best Naturals,
 PO Box 394, Kenilworth NJ 07033 USA
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For additional information call: 1-877-659-6004
 Lot# Exp#

