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Glucorest contains fermented black soybean extract, also known as touchi extract. Studies suggest that taking touchi extract before meals may help blunt the glycemic response, though further research is needed. Touchi extract has been shown to inhibit α -glucosidase in laboratory studies. In human studies, touchi consumption has not been associated with reported gastrointestinal discomfort.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one tablet three times daily before meals or as directed by your healthcare practitioner.

Formulated to Exclude: Wheat, dairy products, egg, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, artificial flavors, and preservatives.

This product is Vegetarian

Storage: Keep tightly closed in a cool, dry place.



Glucorest™

Helps Blunt the Glycemic Response to Meals*

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 90

	Amount Per Tablet	% Daily Value
Fermented Black Soybean (<i>Glycine max</i>) Extract†	300 mg	*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, cellulose, stearic acid, and coating (water, hypromellose^{††}, hydroxypropylcellulose^{††}, and medium chain triglycerides). Contains: soy.

Developed and Manufactured by: METAGENICS, INC.

Makers of Professional Quality Supplements

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†Also known as touchi extract.

††Plant-based modified cellulose.