

Being multi-purpose is often a good thing. It means it is adaptable and has a number of different uses. Sometimes, though, you don't need a multi-purpose product - you need a targeted well-formulated product perfectly and specifically designed for your needs. You need something pure.*

For the athlete, that often means a protein supplement free from all admixture and modification. With ISO, Core addresses that need in the only way we know how: expertly and specifically, delivering a protein supplement that tastes amazing, that mixes well, and that is comprised by the highest quality protein available. Our non-GMO, cold-processed, microfiltered whey protein isolate is of utmost quality and tests pure in every important measure.†

If you're a pure athlete, you need a pure protein. You need Core ISO.†

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your health-care provider before using this product, especially if you are taking any prescription, over-the-counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Add 1 scoop to 6-8 ounces of cold water and shake or stir until mixed.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in a U.S. cGMP Facility.
Distributed by Core Nutritionals, LLC, Seattle, WA 98164.
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(888) 909-2332



fresh life™
Protect from heat, light and moisture.
Store at 68-75°F (20-24°C)



CORE NUTRITIONALS®

ISO

ULTRA-PURE WHEY PROTEIN ISOLATE

LACTOSE FREE* | GLUTEN FREE* | SOY FREE* | NON-GMO*

FROSTED CINNAMON BUN

ARTIFICIALLY AND NATURALLY FLAVORED DIETARY SUPPLEMENT

31 SERVINGS - NET WT. 2 LBS (908.3 G)



Supplement Facts

Serving Size: 1 Scoop (29.3g)

Servings Per Container: Approx. 31

	Amount Per Serving	% DV
Calories	105 g	
Total Fat	0.3 g	1%*
Saturated Fat	0.3 g	3%*
Trans Fat	0 g	**
Cholesterol	15 mg	5%*
Total Carbohydrate	1 g	0.5%*
Dietary Fiber	0 g	0%*
Total Sugars	0 g	**
Added Sugars	0 g	0%*
Protein	24 g	47%*
Calcium	90 mg	7%*
Iron	0.2 mg	1%*
Phosphorus	70 mg	6%*
Magnesium	20 mg	5%*
Sodium	65 mg	3%*
Potassium	110 mg	2%*

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Typical Amino Acid Profile

Amount Per Serving

Alanine	1262 mg
Arginine	556 mg
Aspartic Acid	2563 mg
Cysteine	567 mg
Glutamic Acid	3936 mg
Glycine	435 mg
Histidine I	366 mg
Isoleucine II	1512 mg
Leucine II	2565 mg
Lysine I	2253 mg
Methionine I	554 mg
Phenylalanine I	741 mg
Proline	1556 mg
Serine	1204 mg
Threonine I	1657 mg
Tryptophan III	350 mg
Tyrosine	666 mg
Valine II	1436 mg

I Essential Amino Acids

II BCAAs

III The L-Tryptophan indicated is from naturally occurring sources of protein.

INGREDIENTS: Cold-Processed Microfiltered Non-GMO Whey Protein Isolate, Natural & Artificial Flavors, Ground Cinnamon, Xanthan Gum, Sucralose, Guar Gum.

ALLERGEN INFORMATION: Contains Milk. Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, and eggs.