

SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

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404092
NTC-9.21



nutricost®

Vitamin B1

Thiamine Mononitrate

500MG

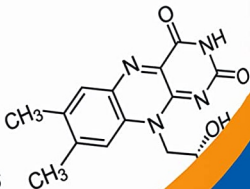
Per Serving

120

Capsules

120

Servings



120 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Amount Per Serving		% DV*
Thiamin (Vitamin B1) (as thiamine mononitrate)	500mg	41,670%

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Gelatin capsule, stearic acid (vegetable source), silicon dioxide.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

