

Recommended Use: As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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nutricost

Vitamin B1

Thiamine Mononitrate

100MG

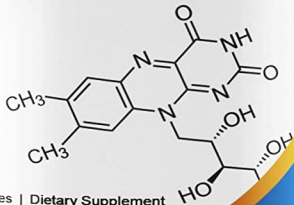
per serving

120

capsules

120

servings



120 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Amount Per Serving		% DV*
Thiamin (Vitamin B1) (Thiamine Mononitrate)	100mg	8,330%

*Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Rice flour, capsule (gelatin), stearic acid (vegetable source).

Same Amount
smaller size!

We have condensed the same amounts of the active ingredients you expect into a smaller, easier to consume capsule (30% smaller).



New **Old**
Actual comparison; not actual size

