

GLA Forte® features borage seed oil, a rich source of the essential fatty acid known as gamma-linolenic acid (GLA). GLA is important for the production of valuable series 1 prostaglandins.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one or more capsules daily or as directed by your healthcare practitioner.

CAUTION: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

 **Metagenics**
Genetic Potential Through Nutrition

GLA Forte®

240 mg Gamma-Linolenic Acid
High Purity Borage Seed Oil

Dietary Supplement

90 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

	Amount Per Serving	% Daily Value
Calories	9	
Calories from Fat	9	
Total Fat	1 g	2%*
Saturated Fat	0 g	0%*
Vitamin E (as d-alpha tocopheryl acetate)	10 IU	33%
Gamma-Linolenic Acid (from borage seed oil)	240 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, glycerin, and purified water.

Distributed by: **METAGENICS, INC.**
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This product is produced in a facility that produces products containing soy and fish.