

RELAX + RESTORE + RECOVER**

Quality sleep is directly related to better performance and recovery. Sleep better with this relaxing combo of 5-HTP, GABA, L-theanine and magnesium glycinate. Take 3 capsules before bed to wake up feeling restored and ready to crush your next workout.**



Improves Sleep Quality**



Promotes Relaxation**



Contains B Vitamins



Synergistic Blend of GABA & 5-HTP



L-Tryptophan



Vegan Friendly

per serving



vitalproteins.com

#stayvital®

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WAKE UP
RESTORED**



5-HTP
+GABA

MAGNESIUM

L-THEANINE



VITAL
PERFORMANCE™

SLEEP

MELATONIN-FREE

DIETARY
SUPPLEMENT
90 CAPSULES



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Niacin	6 mg	38%
Vitamin B6 (as pyridoxine HCl)	4 mg	235%
Magnesium (as magnesium glycinate)	230 mg	55%
GABA (gamma-aminobutyric acid)	400 mg	**
L-Theanine	200 mg	**
L-Tryptophan	50 mg	**
5-HTP (5-Hydroxytryptophan from Griffonia simplicifolia seed extract)	50 mg	**

**Daily Value not established

OTHER INGREDIENTS: Vegetarian (cellulose) capsule, magnesium stearate, MCT oil powder (medium chain triglycerides), tapioca maltodextrin

MANUFACTURED FOR: VITAL PROTEINS LLC
3400 WOLF ROAD STE 200
FRANKLIN PARK, IL 60131



DIRECTIONS: Take 3 capsules 15-30 minutes before sleep.

KEEP OUT OF REACH OF CHILDREN

Do not consume with alcohol.

Do not take while operating a motor vehicle or machinery.

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information:
Store in a cool, dry place.

Do not use if safety seal is broken or missing.



Actual Capsule Size