



Ultimate Men'S 50+ Multivitamin

180 TabletsItem #: VS-2743 / 1744598

Supplement Facts
Serving Size 3 TABLETS
Servings Per Container 60

	Amount Per Serving	% Daily Value
VITAMIN A (AS BETA CAROTENE AND VITAMIN A PALMITATE)	5000 IU	100%
VITAMIN C (AS ACTIVE C)(AS TRI-SCORB PROPRIETARY BLEND)(AS CALCIUM ASCORBATE, MAGNESIUM ASCORBATE,AND ZINC ASCORBATE) AND BIOPERINE))	200 Mg	300%
VITAMIN D3 (AS CHOLECALCIFEROL)	1000 IU	300%
VITAMIN E (As D-Alpha Tocopheryl Succinate)	100 IU	300%
VITAMIN K2 (AS MK-7 VITAMIN K2 (AS MENAQUINONE))	45 Mcg	100%
THIAMINE (VITAMIN B1)(AS THIAMIN MONONITRATE)	25 Mg	1700%
RIBOFLAVIN (VITAMIN B2)	25 Mg	1500%
NIACIN (AS NIACINAMIDE)	25 Mg	100%
Vitamin B6(As Pyridoxine Hcl)	25 Mg	1300%
Folate(As Folic Acid)	800 Mcg	200%
Vitamin B12(As Methylcobalamin)	100 Mcg	1700%
Biotin(As D-Biotin)	300 Mcg	100%
Pantothenic Acid(As D-Calcium Pantothenate)	25 Mg	300%
CALCIUM (AS CALCIUM CARBONATE AND ACTIVE C)	200 Mg	N/A*
Iodine(As Potassium Iodide)	150 Mcg	100%
MAGNESIUM (AS MAGNESIUM OXIDE AND ACTIVE C)	100 Mg	N/A*
ZINC (AS ZINC CITRATE AND ACTIVE C)	15 Mg	100%
Selenium(As L-Selenomethionine)	200 Mcg	300%
COPPER (AS AMINO ACID CHELATE FROM ALBION)	2 Mg	100%
MANGANESE (AS AMINO ACID CHELATE FROM ALBION)	2 Mg	100%
CHROMIUM (AS CHROMIUM AMINO ACID CHELATE FROM ALBION)	200 Mcg	200%
MOLYBDENUM (AS MOLYBDENUM AMINO ACID FROM ALBION)	75 Mcg	100%
GINKGO BILOBA 24% EXTRACT (GINKGO BILOBA)(LEAF) STD TO 24% GINKGO FLAVONOLYCOSIDES 28.8 MG	120 Mg	N/A*
CINNAMON BARK 10% EXTRACT (CINNAMOMUM VERUM)(BARK)STD TO 10% POLYPHENOLS 10 MG	100 Mg	N/A*
POMEGRANATE 40% EXTRACT (PUNICA GRANATUM)(FRUIT)(STD. TO 40% ELLAGIC ACID))	100 Mg	N/A*
BETA SITOSTEROL COMPLEX PROVING A MINIMUM OF 45% BETA SITOSTEROL 45 MG	100 Mg	N/A*
Co-Enzyme Q10	50 Mg	N/A*
SAW PALMETTO 40-45% EXTRACT (SERENOA REPENS)(BERRY) STD TO 40-45% FATTY ACIDS 20-22.5 MG	50 Mg	N/A*
ALPHA LIPOIC ACID	50 Mg	N/A*
GREEN TEA 95% EXTRACT (CANELLIA SINENSIS)(LEAF) STD TO 95% POLYPHENOLS 47.5 MG AND 40% EGCG 20MG	50 Mg	N/A*
CHOLINE (AS CHOLINE BITARTRATE)	25 Mg	N/A*
INOSITOL	25 Mg	N/A*
Vanadium(As Vanadyl Sulfate)	10 Mg	N/A*
BIOPERINE (PIPER NIGRUM) (FRUIT)	5 Mg	N/A*
BORON (AS BORON AMINO ACID CHELATE FROM ALBION)	3 Mg	N/A*
LUTEIN (AS FLORAGLO)	1 Mg	N/A*
LYCOPENE (AS LYC-O-MATO)	1 Mg	N/A*

* Daily value not established
Other Ingredients:
Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica, pharmaceutical glaze, methyl cellulose, natural vanilla. CONTAINS: Soy