

ONE A DAY[®]

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT



WOMEN'S Menopause FORMULA

Complete Multivitamin with More

Formulated to Help:*

- Reduce Daytime + Nighttime Hot Flashes
- Address Mild Mood Changes
- Support Healthy Skin

50 TABLETS



Questions or comments?

Please text or call 1-800-800-4793
(Mon-Fri 9AM - 5PM EST)

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Dist. by:
Bayer HealthCare LLC
Whippany, NJ 07981

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Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A 750 mcg (20% as beta-carotene)	83%	Folate 665 mcg DFE (400 mcg folic acid)	166%	Selenium 20 mcg	36%
Vitamin C 60 mg	67%	Vitamin B ₁₂ 12 mcg	500%	Copper 1 mg	111%
Vitamin D 20 mcg (800 IU)	100%	Biotin 300 mcg	1000%	Manganese 2 mg	87%
Vitamin E 14.8 mg	99%	Pantothenic Acid 15 mg	300%	Chromium 120 mcg	343%
Thiamin (B ₁) 3 mg	250%	Calcium 300 mg	23%	Molybdenum 37.5 mcg	83%
Riboflavin (B ₂) 3.4 mg	262%	Iodine 150 mcg	100%	Soybean Isoflavones 60 mg (from Extract)	*
Niacin 20 mg	125%	Magnesium 50 mg	12%		
Vitamin B ₆ 8 mg	471%	Zinc 15 mg	136%		

*Daily Value not established.

Ingredients: Calcium Carbonate, Powdered Soybean Isoflavones Extract, Microcrystalline Cellulose, Magnesium Oxide, Ascorbic Acid, Maltodextrin, Dicalcium Phosphate, dl-Alpha-Tocopheryl Acetate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Croscarmellose Sodium, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, FD&C Blue #2 Aluminum Lake, FD&C Red #40, FD&C Red #40 Aluminum Lake, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Manganese Sulfate, Niacinamide, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide.

Contains: Soy. Contains a bioengineered food ingredient.

If you are pregnant, breast-feeding,
taking medication, have any medical
condition, or have a history of cancer,
consult your doctor prior to use.

KEEP OUT OF REACH OF CHILDREN

For Adult Use Only

Not for children

CHILD RESISTANT CAP

Do not exceed recommended intake

Do not use if printed safety seal bearing

"Bayer HealthCare" under cap is torn or missing.

Store at room temperature.

Avoid excessive heat above 40°C (104°F).

COMPLETE WOMEN'S MULTIVITAMIN SUPPORTS:*

Bone Health
Heart Health[†]
Healthy Skin

LOT/EXP



SOY ISOFLAVONES
HELP:*

Reduce Daytime &
Nighttime Hot Flashes
Address Mild
Mood Changes

[†]Not a replacement for
heart medications

*This statement has not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure, or prevent any disease.

A COMPLETE MULTIVITAMIN FOR WOMEN EXPERIENCING MENOPAUSE SYMPTOMS:



Menopause-related changes
in your body can affect you both
physically and emotionally. That's
why you can benefit from the nutrient
support in One A Day[®] Menopause
Formula.



A complete multivitamin specially
designed for women at this life
stage that supports:*

- Bone health with an excellent
source of Calcium and Vitamin D
- Heart health[†] with Vitamins B₆, B₁₂
& Folic Acid
- Physical energy with high levels of
B Vitamins to help convert food to fuel
- Healthy skin with Vitamins A, C & E



• It contains natural Soy Isoflavones,
which research shows can help:*

- Significantly reduce daytime
and nighttime hot flashes
- Address mild mood changes



Menopause is a natural part
of life that all women go through.

[†]Not a replacement for heart
medications