



LIGAPLEX® II

5300

Dietary Supplement

Suggested Use: Two capsules per meal,
or as directed.

150 CAPSULES



WHOLE FOOD SUPPLEMENTS SINCE 1929

Caution: This product is processed in a facility that manufactures other products containing soy, milk, egg, wheat, peanut, tree nuts, fish, and shellfish.

Supplement Facts

Serving Size: 2 Capsules

Servings per Container: 75

Amount per Serving	%DV
Calories.....	4
Total Carbohydrate.....	1 g.....<1%*
Vitamin A.....	585 IU.....10%
Vitamin C.....	1.3 mg.....2%
Vitamin D.....	25 IU.....6%
Vitamin E.....	1 IU.....4%
Vitamin B12.....	2 mcg.....30%
Calcium.....	22.4 mg.....2%
Manganese.....	35 mg.....1,750%

Proprietary Blend.....+.....990 mg
Nutritional yeast†, carbonized†, bovine bone†, veal bone PMS™ extract†, bovine liver†, dehydrated wheat (germ)†, bovine heart PMS™ extract†, magnesium citrate, oat flour, inositol†, dried pea (vine) juice†, *Tillandsia usneoides*†, carrot (root)†, sweet potato†, ribonucleic acid†, beet (root)†, bovine spleen†, ovine spleen†, bovine adrenal Gytolol™ extract†, bovine kidney†, mushroom†, bovine liver fat extract†, flaxseed oil extract†, para-aminobenzoate†, rice (bran)†, and soybean lecithin†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Manganese glycerophosphate, gelatin, calcium lactate, water, calcium stearate, ascorbic acid, colors, mixed tocopherols (soy), arabic gum, starch, sucrose (beets), vitamin A palmitate, cellulose, dicalcium phosphate, cyanocobalamin, and cholecalciferol.

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Made in the USA

