

Recommended Use: As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
351 E 1750 N Vineyard, UT 84059
(866) 438-3694 | support@nutricost.com

www.nutricost.com



nutricost

Selenium

200mcg

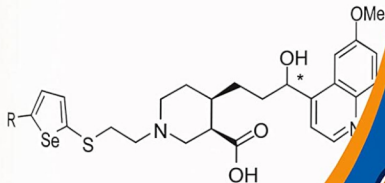
per serving

240

capsules

240

servings



240 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 240

Amount Per Serving		% DV*
Selenium (as L-selenomethionine)	200mcg	360%

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Rice flour, di-calcium phosphate, hypromellose (cellulose) capsule.

Same Amount
smaller size!

We have condensed the same amounts of the active ingredients you expect into a smaller, easier to consume capsule (30% smaller).



New **Old**
Actual comparison; not actual size

