

L-Carnosine is classified as a dipeptide, which is a combination of two amino acids, in this case alanine and histidine. It naturally occurs in high concentrations in skeletal muscle tissue, and therefore may support muscle vitality. L-Carnosine is also an antioxidant that stabilizes cellular membranes, protecting them from damage by free radicals.* Certain research publications indicate that it may help support the following:

- ▶ Supports healthy aging*
- ▶ Supports cellular rejuvenation*
- ▶ Supports muscle vitality*
- ▶ Supports brain function*

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

 **MADE IN USA**



L-Carnosine

Premium Formula

500 mg

3rd Party Lab Tested



100 VCAPS

DIETARY SUPPLEMENT

Supplement Facts

Serving size: 1 vcap
 Servings per container: 100

	Amount per serving	%Daily Value
L-Carnosine (β-alanyl-L-histidine)	500 mg	*

*Daily Value not established.

Other Ingredients: Cellulose (capsule), silica, vegetable magnesium stearate, microcrystalline cellulose.

SUGGESTED USE: As a dietary supplement, take one (1) capsule one to three times daily, preferably with meals. Consider taking this product in combination with Best Naturals L-Proline, Vitamin C and L-Lysine.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

Manufactured for Best Naturals,
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 Lot# Exp#

