

Recommended Use: As a dietary supplement, take 3 capsules daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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nutricost

Psyllium Husk

1,500MG

per serving

500

capsules

167

servings



500 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 167

Amount Per Serving	% DV
Psyllium Husk	1,500mg *

* Daily Value (DV) not established.

Other ingredients: Hypromellose (cellulose), rice flour.

