

Glucomannan is a soluble, bulk-forming fiber derived from Konjac Root (*Amorphophallus konjac*). Glucomannan is a water-soluble polysaccharide with hygroscopic properties and is considered a dietary fiber. Glucomannan is an excellent addition to a sensible weight loss program.\* Certain research publications indicate that it may help support the following:

- › Supports healthy weight management\*
- › Supports healthy cholesterol levels\*
- › Supports digestive health\*
- › Supports healthy blood sugar levels\*

**SUGGESTED USE:** As a Dietary supplement, take 1/2 level teaspoon (2 g) one to two times daily with at least 8 oz of water 30-45 minutes before a meal, or as directed by your qualified healthcare professional.

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

 **PACKAGED IN USA**



# Konjac Root Glucomannan

*Premium Formula*



**Pure Powder**  
**3rd Party Lab Tested**

**1 LB (454 GM)**

**DIETARY SUPPLEMENT**

## Supplement Facts

Serving size: 1/2 level teaspoon (2 g)

Servings per container: 228

	Amount per serving	%Daily Value
Calories	5	
Total Carbohydrates	2 g	<1%
Dietary Fiber	2 g	7%
Konjac Root (glucomannan) ( <i>Amorphophallus konjac</i> )	2.0 g (2,000 mg)	*

\*Daily Value not established.

**Other Ingredients:** None.

**CAUTION:** For adults only. Take this product as recommended. Without drinking enough liquid the product may swell in the throat, causing blockage or choking. Avoid use if you ever had esophageal narrowing or swallowing difficulties. Consult physician if pregnant/nursing, taking medication, or have a medical condition.

Manufactured for Best Naturals,  
PO Box 394, Kenilworth NJ 07033 USA  
[www.shopbestnaturals.com](http://www.shopbestnaturals.com)

For additional information call 1-877-659-6004

Lot#

Exp#

