

FolaPro® features the active form of folate called L-5-methyltetrahydrofolate as Metafolin®. Unlike folic acid, this active form of folate requires no additional metabolic steps to be utilized by the body, making it a preferred choice for many individuals. Folate is an essential nutrient for many body processes, including hormone metabolism, DNA synthesis, homocysteine metabolism, and nervous system function.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one tablet daily or as directed by your healthcare practitioner.

This product is **Gluten Free and Vegetarian**.

CAUTION: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

 **Metagenics®**
Genetic Potential Through Nutrition

 **5-MTHF**
BODY-READY FOLATE

FolaPro®

**L-5-Methyl
Tetrahydrofolate**

Dietary Supplement

Vegetarian

120 TABLETS

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 120

	Amount Per Serving	% Daily Value
Folate (as L-5-methyltetrahydrofolate*)	800 mcg	200%

Other Ingredients: Microcrystalline cellulose, stearic acid, and silica.

Developed and Manufactured by:
METAGENICS, INC.

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*As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.