

Item No. 17311
TO REORDER
1-800-645-1030
www.puritan.com



Puritan's Pride

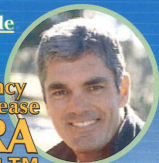
High Potency
Timed Release

ULTRA
MAN™
50 PLUS

Performance Formula Targeted
for Men over 50
Dietary Supplement
60 COATED CAPLETS

CERTIFIED
100%
NATURAL E
d-ALPHA

ITEM NO. 17311
Shop Online www.puritan.com



Supplement Facts

Serving Size 2 Caplets
Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as Cholecalciferol)	1,000 IU 250%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU 533%
Vitamin K (as Phytanadione)	80 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg 2,000%
Riboflavin (Vitamin B-2)	30 mg 1,765%
Niacin (as Nicotinamide)	30 mg 150%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%
Biotin	500 mcg 167%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 300%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as Sodium Selenate)	200 mcg 266%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Sodium	10 mg <1%
Potassium (as Potassium Chloride)	30 mg 1%

Amount Per Serving	%Daily Value
Choline Bitartrate	10 mg
Inositol	10 mg
Boron (Sodium Tetraborate)	2 mg
Vanadium (as Sodium Methylvanadate)	10 mcg
UM50+ Amino Acid Blend	50 mg
1 L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine, Taurine, Acetyl-L-Carnitine, L-Arginine, L-Carnitine	
UM50+ Joint Health Complex	100 mg
2 Methylsulfonylmethane (MSM), Collagen (as Hydrolyzed Gelatin), Silica, Glucosamine Hydrochloride, Chondroitin Sulfate	
UM50+ Bio-Active Blend	120 mg
3 Flav (Linum usitatissimum) (seed), Saw Palmetto Extract (Serenoa repens) (fruit), Pumpkin Seed (Cucurbita pepo), Pygeum (Pygeum africanum) (bark), Oyster Extract, Maca Extract (Lepidium meyenii) (root) (9.8% Macamides and Macaenes), Lycopene	
4 UM50+ Antioxidant Cardio Blend	50 mg
Garlic (Allium sativum) (bulb), Carrot Extract, Broccoli Extract, Grape Seed Extract (Vitis vinifera), Citrus Bioflavonoids (Citrus spp.) (fruit), Bilberry (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Alpha Lipic Acid, Astaxanthin, Super Oxide Dismutase, Co-Enzyme Q10, Resveratrol (Polygonum cuspidatum) (root), Zeaxanthin, Pycnogenol® (Pinus phlores) (Maritime Pine Bark Extract), Lutein	
5 UM50+ EnergyFocus Blend	100 mg
Green Tea (Camellia sinensis) (leaf), Cayenne Pepper (Capsicum annuum) (fruit), Spirulina, Panax Ginseng Extract (standardized to contain 7% ginsenosides), Ginkgo Biloba (Ginkgo biloba) (leaf), Neuro PSB Phosphatidylserine	

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Contains <2% of: Calcium Silicate, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with meals.

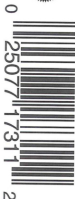
No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. Patents #5,720,958 / #6,372,266 and other international patents.

TO REORDER ITEM # 17311
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Caldale, NY 11769 U.S.A.
© 2011 Puritan's Pride, Inc.



2

B17309

03A