Inositol is a non-essential member of the B-Complex family with dietary sources from both animal and plant foods. It is readily absorbed and used to produce the active inositides as necessary. The various forms of inositol (phosphatidylinositol and inositides such as ip3) are active in cell-to-cell communication; (e. g.; transmission of nerve impulses). Certain research publications indicate that Inositol may help support the following:

- ➤ Supports liver function*
- ➤ Supports healthy membrane function*
- ➤ Supports healthy hair & Enhances mood*
- ➤ Supports healthy cholesterol level*

SUGGESTED USE: As a dietary supplement, take 1/4 teaspoon one to three times daily, preferably dissolve in fluid or as directed by your qualified healthcare professional.

Keep out of the reach of children. Do not use if safety seal is broken or missing. Keep in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





nosito

Premium Formula



Net Wt. 1 lb. (454g)

DIETARY SUPPLEMENT

Supplement Facts Serving size: 1/4 teaspoon (850 mg)

Servings per container: 534

Amount Per %Daily

Serving

Inositol Powder

850 mg

** Daily Value not established.

Other Ingredients: None

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals, PO Box 394, Kenilworth NJ 07033 USA www.shopbestnaturals.com For additional information call 1-877-659-6004 Exp# Lot#

