

**Doctor's Best CoQ10 Plus Selenium Yeast** contains the same combination, CoQ10 (200mg) and Selenium (200mcg), as clinically tested with 443 participants in a double-blind placebo controlled Swedish study, KiSel-10. In the KiSel-10 study, participants who took this combination recorded healthier cardiovascular function and higher Health-Related Quality of Life (HRQoL) scores compared to the group who did not.\* Our CoQ10 is naturally fermented USP (United States Pharmacopeia) verified and is combined with high quality selenium yeast to create the same synergistic nutrient combination as the KiSel-10 study.

#### CoQ10 Plus Selenium Yeast

- **Helps support cardiovascular health\***
- **Helps restore CoQ10 that may be depleted by aging and cholesterol lowering drugs (statins)\***
- **Both are antioxidants that help provide support against free radicals\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Doctor's  
**BEST**®

**Science-Based  
Nutrition™**

# CoQ10 Plus Selenium Yeast

**SCIENTIFICALLY-STUDIED UNIQUE  
HEART HEALTH COMBINATION\***

Dietary  
Supplement

45 Veggie Caps **Vegan™**

## Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 45

Amount Per Serving		% Daily Value
Selenium	200 mcg	364%
(as Selenium Yeast) ( <i>Saccharomyces cerevisiae</i> )		
Coenzyme Q10 (Ubiquinone)	200 mg	†

† Daily Value not established.

**Other Ingredients:** Rice powder, hypromellose (vegetarian capsule), rice hull concentrate, magnesium stearate (vegetable source).

**Suggested Adult Use:** Take 1 capsule daily with food, or as recommended by a nutritionally informed physician.

**USP Verified, Naturally Fermented CoQ10**

**Non-GMO / Gluten Free / Soy Free / Vegan**

Store in a cool dry place.

Manufactured for: **Doctor's Best, Inc.**

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