

Directions: Take one (1) softgel daily, preferably with a meal, or as directed by a physician.

Healthy Origins® Vitamin D3 & K2 combines two important nutrients that are known to have synergistic benefits in the body. Vitamin D and Vitamin K are both fat-soluble vitamins which play an important role in calcium metabolism. Vitamin D ensures that the calcium levels in your blood are high enough to meet your bodily requirements, and Vitamin K helps to direct the calcium to where it is needed most, your bones.*

Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 1 Softgel

Servings per Container: 60

	Amount per Serving	% Daily Value
Vitamin D3 (from Lanolin) 50 mcg (2,000 IU) (as Cholecalciferol)		250%
Vitamin K2 (from Natto) (as Menaquinone-7)	200 mcg	†

†Daily Value not established

Other Ingredients: Cold-Pressed Olive Oil, Kosher Gelatin, Glycerin (Vegetarian), Purified Water, Yellow Beeswax, Sunflower Lecithin.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, peanut, or tree nut derived ingredients.

Manufactured in a cGMP facility.

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition.

Distributed by: Healthy Origins®
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