

Beauty starts from the inside out. Beauty Complex is specifically formulated with 7 vital ingredients for healthy hair, skin and nails. With an added emphasis on skin, we incorporated Keratin to help improve skin elasticity, Hyaluronic Acid to help maintain skin hydration and NAC to help replenish Glutathione, one of the body's most important antioxidants.*

Vitamin A helps skin maintenance, while Vitamin C assists with collagen production and Biotin helps with the overall upkeep of healthy hair and skin. The addition of MSM helps promote Keratin, which in turn works to promote Glutathione.*

Supports

- Healthy hair, skin and nails*
- Healthy skin hydration and elasticity*
- The production of collagen with Vitamin C*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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YDRB538

Dietary
Supplement

Doctor's
BEST®

Science-Based
Nutrition™

Beauty Complex

OptiMSM®

PROMOTES RADIANT SKIN,
HEALTHIER HAIR,
STRONGER NAILS*

90 Veggie Caps



Supplement Facts

Serving Size 3 Veggie Capsules
Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin A (as retinyl palmitate) 1500 mcg RAE (5000 IU)	167%
Vitamin C (as ascorbic acid) 90 mg	100%
Biotin 5000 mcg	16667%
N-Acetyl-L-Cysteine (NAC) 600 mg	†
Hydrolyzed Keratin Peptides 500 mg	†
MSM (Methylsulfonylmethane) (OptiMSM®) 500 mg	†
Hyaluronic Acid (as sodium hyaluronate) 120 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose (vegetarian capsule), rice flour, rice hull concentrate, magnesium stearate (vegetable source).

Suggested Adult Use: Take 3 capsules daily, or as recommended by a nutritionally informed physician.

WARNING: Consult a physician before use if you are pregnant, nursing or have an existing medical condition.

Non-GMO / Gluten Free / Soy Free / Vegetarian

Store in a cool dry place.

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