

Ginger (*Zingiber officinale*) has been used in Asian cuisine for thousands of years. When used as a food, ginger root provides antioxidant protection. Best Naturals Ginger is naturally dried and not subjected to any additional heat. 4 pounds of fresh ginger root yields 1 pound of ginger concentrate. This process ensures the presence of the active compounds that are beneficial to the gastrointestinal tract. Scientific studies have demonstrated that Ginger helps to maintain healthy gut flora, aids in the digestion of dietary fats, and can calm and soothe the digestive tract and relieve occasional nausea.\*

- > Supports cardiovascular system\*
- > Supports healthy immune system\*
- > Supports healthy digestive system\*
- > Supports healthy inflammatory response\*
- > Supports healthy joints and connective tissues\*

**SUGGESTED USE:** As a dietary supplement, take two (2) capsules two to four times daily, preferably with foods, or as directed by your qualified healthcare professional.

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

*\*These statements have not been evaluated by the FDA. This product is not intended to cure, prevent, treat or diagnose any disease.*

 **MADE IN USA**



**Best Naturals®**

# Ginger Root

**Digestive Support\***

**550 mg**

**Cardiovascular Function\***

**120 CAPSULES**

**DIETARY SUPPLEMENT**



## Supplement Facts

Serving Size: 2 Capsules		Serving Per Container: 60
Amount Per Serving	% Daily Value	
Ginger ( <i>Zingiber officinale</i> ) (root)	1,100 mg	**

**\*\*Daily Value not established.**

**OTHER INGREDIENTS:** Gelatin, Vegetable Magnesium Stearate, Silica.

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

Manufactured for Best Naturals,  
PO Box 394, Kenilworth NJ 07033 USA  
[www.shopbestnaturals.com](http://www.shopbestnaturals.com)

For additional information call: 1-877-659-6004  
Lot# Exp#

