



With
EGCG

From Green Tea Extract

EPHEDRA FREE

MULTIVITAMIN/MULTIMINERAL

Dietary Support Formula

**One Tablet
Daily**

DIETARY SUPPLEMENT

50 TABLETS

Made to U.S. Pharmacopoeia (USP) quality, purity and potency standards.
Laboratory tested to dissolve within 60 minutes.

Suggested Use: Take one tablet daily, with a meal.

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 2500 I.U. (100% as Beta Carotene)	50%	Calcium 300 mg	30%
Vitamin C 60 mg	100%	Iron 18 mg	100%
Vitamin D 400 I.U.	100%	Magnesium 50 mg	12%
Vitamin E 30 I.U.	100%	Zinc 15 mg	100%
Vitamin K 80 mcg	100%	Selenium 70 mcg	100%
Thiamin (Vit. B1) 1.9 mg	100%	Copper 2 mg	100%
Riboflavin (Vit. B2) 2.125 mg	125%	Manganese 2 mg	100%
Niacin 25 mg	125%	Chromium 200 mcg	167%
Vitamin B6 2.5 mg	125%	Green Tea Extract (Camellia sinensis) (leaf) 90 mg (Standardized to 36% EGCG)	
Folic Acid 400 mcg	100%		
Vitamin B12 7.5 mcg	125%		
Ascorbic Acid 12.5 mg	125%		

INGREDIENTS: Calcium Carbonate, Cellulose, Green Tea Extract, Magnesium Oxide, Ascorbic Acid, Ferrous Fumarate, Sodium Starch Glycolate, Maltodextrin, D-Alpha Tocopheryl Acetate, Niacinamide, Croscarmellose Sodium, Zinc Oxide, Dicalcium Phosphate, D-Calcium Pantothenate, Dextrin, Cellulose Powder, Magnesium Phosphate, Hydroxymethylcellulose, Silicon Dioxide, Titanium Dioxide, Sodium Ferrous Sulfate, Glucose, Croscopolvidone, Calcium Silicate, Manganese Sulfate, Polyethylene Glycol, Pyridoxine Hydrochloride, Riboflavin, Inositol, Acacia, Thiamine Mononitrate, Soy Lecithin, Beta Carotene, Chromium Chloride, Folic Acid, Blue 1 Lake, Sodium Selenate, Phytantriol.

*Daily Value (DV) not established