GABA (gamma aminobutyric acid) is a non-essential amino acid found mainly in the human brain and eyes. It is considered an inhibitory neurotransmitter, which means it regulates brain and nerve cell activity by inhibiting the number of neurons firing in the brain. GABA is referred to as the "brain's natural calming agent". By inhibiting over-stimulation of the brain, GABA may help promote relaxation and ease nervous tension.\*

- Supports a Calm Mood\*
- Promotes Relaxation\*
- Supports Mental Focus\*

SUGGESTED USE: As a dietary supplement, take one (1) Vcap one to two times daily as needed, preferably with juice or water on an empty stomach.

Keep out of the reach of children. Do not use if safety seal is broken or missing.

Keep in cool, dry place.

\*These statements have not been evaluated by the FDA. This product is not intended to cure, prevent, treat or diagnose any disease.







## GABA

(Gamma-Aminobutyric Acid)

## Natural Calming Effect\*

750 mg Supports Mental Focus\*

100 VCAPS

DIETARY SUPPLEMENT

## **Supplement Facts** Serving Per Container: 100 Serving Size: 1 Vcap **Amount Per Serving** % Daily Value GABA (gamma-aminobutyric acid)

\*\*Daily Value not established.

OTHER INGREDIENTS: Cellulose (Capsule), Silica and Magnesium Stearate (Vegetable Source).

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition. consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium

Manufactured for Best Naturals, PO Box 394, Kenilworth NJ 07033 USA www.shopbestnaturals.com For additional information call: 1-877-659-6004 Lot# Exp#



750 mg