

Folic acid, also known as Folate and Folacin, is part of the B Vitamin family of essential nutrients and is an important vitamin for women, especially around the time of pregnancy. It is also important for the regulation of homocysteine levels in the body within normal range.† Certain research publications indicate that Folic Acid may help support the following:

- Supports heart and cardiovascular health.†
- Supports healthy nervous system.†
- Supports healthy homocysteine level.†

SUGGESTED USE: As a dietary supplement, take one (1) tablet daily with food, or as directed by your qualified healthcare professional.

*Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.*

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

 **MADE IN USA**



Folic Acid

Premium Formula



1000 mcg
3rd Party Lab Tested

240 TABLETS **DIETARY SUPPLEMENT**

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 240

	Amount Per Serving	%DV*
Folate (as 1000 mcg folic acid)	1667 mcg DFE	417%
Calcium (as dicalcium phosphate)	50 mg	4%

*%Daily Value

Other Ingredients: Microcrystalline cellulose (vegetable grade), croscarmellose sodium, stearic acid, silicon dioxide, vegetable magnesium stearate, pharmaceutical glaze.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Fish, No Yeast. Sodium Free.

Manufactured for Best Naturals,
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Lot# Exp#

