

Alpha-lipoic acid (ALA) plays an important role in the metabolism of glucose that produces cellular energy in the body. ALA is naturally occurring and functions as an antioxidant throughout the body that helps regenerate other antioxidants such as vitamin C, vitamin E and glutathione. ALA is a distinct antioxidant that is both hydrophobic and hydrophilic, optimizing support to the body's capability in buffering free radicals for overall well-being.\*

**Helps support glucose metabolism for cellular energy\***

**Helps regenerate antioxidants such as vitamin C, vitamin E and glutathione\***

**Helps support the body to buffer free radicals\***

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



YDRB249-4

Dietary  
Supplement

Doctor's  
**BEST**®

Science-Based  
Nutrition™

# Alpha-Lipoic Acid 600

HELPS SUPPORT GLUCOSE METABOLISM  
AND REGENERATE ANTIOXIDANTS\*

600 mg • 180 Veggie Caps



## Supplement Facts

Serving Size 1 Veggie Capsule  
Servings Per Container 180

Amount Per Serving		% Daily Value
Alpha-Lipoic Acid	600 mg	†

† Daily Value not established.

**Other Ingredients:** Hypromellose (vegetarian capsule), microcrystalline cellulose, silicon dioxide, magnesium stearate (vegetable source).

**Suggested Adult Use:** Take 1 capsule daily preferably on an empty stomach, as recommended by a nutritionally informed physician.

**WARNING:** Consult a physician before use if you are pregnant, nursing, being treated for a medical condition or are taking prescriptions.

**Non-GMO / Gluten Free / Soy Free / Vegan**  
Store in a cool dry place.

Manufactured for Doctor's Best, Inc.  
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